

## MARTAHON MEETINGS

### Symposium

#### Friday

10-11pm

My Way Out

11pm-12pm

Why I Came, Why I Stay

#### Saturday

12pm-2am

My Stinking Thinking

2am-4am

Keep it Simple Stupid- "K.I.S.S."

4am-6am

Holding Hostages

6am-8am

Any Mind-Altering Substances

8am-9am

Forever Reliant on God (FROG)

11pm-12am

Gratitude

#### Sunday

12am-2am

Action Works

2am-4am

Terminal Uniqueness

4am-6am

Fear VS Faith

6am-7am

Staying in the Moment

7am-8am

Relapse

8am-9am

This Too Shall Pass



## "A Way Out"

**2023 Midwest Regional Convention**

**Welcome to Milwaukee**

**Nov. 3 – Nov. 5**

## Friday 11/3

Registration	<i>Concourse Ballroom A</i>	4 p.m.
Memorabilia	<i>Concourse Ballroom A</i>	4 p.m.
Hospitality Room	<i>Concourse Ballroom B &amp; C</i>	4 p.m.

Friday Night "Dinosaur Meeting	<i>Mitchell Ballroom</i>	7 p.m.
Friday Night "Bingo" & Movie	<i>Mitchell Ballroom</i>	After

## Speaker

## Saturday 11/4

Registration	<i>Concourse Ballroom A</i>	8:30 a.m.
Memorabilia	<i>Concourse Ballroom A</i>	8:30 a.m.

Workshops	"A Way Out"	10 a.m.
Men's	<i>Suite 132</i>	
Women's	<i>Symposium</i>	

Lunch/Free time	12 Noon
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Workshop "The Spiritual Experience"	2 p.m.
Co-Ed	<i>Symposium</i>

Banquet/H & I Pizza Party	5:30 p.m.
Live Auction	<i>Mitchell Ballroom</i> 6:30 p.m.

Saturday Night Speaker Maria K.	<i>Mitchell Ballroom</i>	7 p.m.
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Saturday Night Karaoke/Dance	<i>Mitchell Ballroom</i>	After Speaker
50/50 Raffle Draw		During Karaoke.

## Sunday 11/5

All Area Memorabilia Sale	<i>Concourse Ballroom A</i>	8 a.m.
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Sunday Morning Speaker Syd J.	<i>Mitchell Ballroom</i>	10 a.m.
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Closing Prayer and clean up to follow speaker 😊

**The Hospitality Room is open 24/7  
4 PM Friday -10 Am Sunday**

# Midwest Regional Caucus: 9 AM Saturday 11/4/2023 Suite 135

## To the Newcomer:

WELCOME! We are so happy to welcome you to the Midwest Regional Convention of Cocaine Anonymous. This is a great opportunity to have some fun, learn and meet a variety of people in recovery. You will get out of this what you put in it. If you come in with an open mind, you may be surprised what the day will bring. There is a day of activities planned with recovery, fun and food! Please feel free to ask anyone that has a Gold Star on their name tag if you need assistance with anything.

## To everyone in attendance:

Whether this is your first convention or more than you can remember what number it is-WELCOME! We hope you came with a willingness to learn and an eagerness to participate. The committee has worked hard to put together a convention that has the opportunity for us all to grow in our program of recovery and hopefully have some fun doing it.

**\*\*We will have signage up in the hotel to direct you to the events and everything we have to offer. If you still need assistance, just ask anyone with a Gold Star on their name tag.**

\*If you are staying at the hotel breakfast is part of the stay.

\*There are several restaurants in the area for lunch:

Oakland Gyros	Jalapeno Loco
Marsel's Italian	Final Approach

\*In the Spirit of Tradition Six C.A. is not allied with any sect, denomination, politics, organization, or institution.